



MEDIA ALERT

October 6, 2016

Event will bring over 1,000 people to Princeton on October 16th to Raise Funds for Programs Serving Individuals with Autism!

The 13th Annual Eden Autism 5K and Fun Run/Walk sponsored by Munich RE to take place Sunday, October 16th in Princeton Forrestal Village. Typically held in mid-July, this year our event will enjoy the cooler running weather of October.

This is Lydia Paglinawan's 12th time participating in [Eden Autism's annual 5K and Fun Run/Walk](#). Along with her son, Ralph, a participant in Eden's day program, she will join over a 1,000 other runners, walkers, sponsors and fundraisers who make the annual event a success. Lydia supports the 5K every year for one reason, "My son, Ralph, has made such incredible strides that were deemed impossible until he joined Eden over 10 years ago." Lydia has created her own team, [Ralph's Team](#) in which she encourages family and friends to join or donate to. "I have been an avid supporter of the Eden 5K fundraiser since day one. It is an event that highlights autism awareness while promoting health and wellness." Lydia is just one of the many supporters all with different stories and connections to Eden that keep them coming back each year.

Who: Peter Bell, Eden Autism, President & CEO
Peter Cantu, Mayor of Plainsboro Township
Over 1,000 supporters of Eden

What: **13th Annual Eden Autism 5K and Fun/Run Walk**

Where: Eden Autism – 2 Merwick Road, Princeton, NJ
Princeton Forrestal Village

When: **Sunday, October 16, 2016**

- **Fun Run:** 7:30-8:15 AM – Registration
8:30 AM – Start
- **5K Race:** 7:30-8:45 AM – Registration
9:00 AM - Start

Why: Provides runners, walkers, families, sponsors and others the opportunity to support Eden's mission and enjoy the camaraderie and friendly competition of a 5K race

About Eden Autism

Our mission...

To improve the lives of people with autism:

one individual at a time
one family at a time
one community at a time

A recognized leader in providing lifespan services for children and adults with autism, their families, and professionals, Eden offers more than 40 years of excellence in a broad range of programs from early intervention and education to the transition to adulthood to aging in place. Eden has special expertise in working with individuals who present the most challenging and complex behaviors, communication deficits, and cognitive impairment.

- **The Eden School** provides 12-month education program for ages 3 to 21 tailored to the specific abilities and requirements of each student. Community integration, recreation, and pre-employment are hallmarks of the highly regarded program.
- **Eden Adult Services** provides essential support to individuals as they age out of school yet require continued support. Services include employment training and placement, residential programs, and community integration and recreation.
- **Eden Outreach** provides evaluation and diagnostic services, early intervention therapy, professional development, curriculum, and consultative services.

Visit www.edenautism.org or call [609.987.0099](tel:609.987.0099).

About Autism

Autism is a complex, lifelong developmental disability that impacts the development of the brain in the areas of social interaction and communication skills. The result of a neurological disorder affecting the functioning of the brain, autism typically appears during a child's first three years.

- One in 68 children has been diagnosed with an autism spectrum disorder nationally. In New Jersey, that number is one in 41. Boys are five times more likely than girls to have autism.
- Autism is the fastest-growing serious developmental disability in the U.S.
- The cost to treat and respond to a child's diagnosis of autism costs a family \$60,000 per year on average. Costs over an individual with autism's lifetime exceed \$2.3 million.
- Autism is a complex developmental disability that affects a person's ability to communicate and interact with others. Considered a "spectrum disorder," its symptoms and behaviors can present in a variety of combinations from mild to severe.
- More children will be diagnosed with autism this year than with AIDS, diabetes & cancer combined yet autism receives less than 5% of the research funding of many less prevalent childhood diseases.
- The symptoms of autism can be treated but there is no cure.

For more information visit our race website at: edenautism5k.org

Contact:

CHRISTOPHER BOGUSZ

Director of Communications and Marketing

Office [609.987.0099](tel:609.987.0099) x3515

christopher.bogusz@edenautism.org



Eden Autism
2 Merwick Road
Princeton, NJ 08540

www.edenautism.org



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