



MEDIA ALERT

September 17, 2018

Event will bring over 1,000 people to Princeton on September 30th to Raise Money for Individuals with Autism!

The 15th Annual Eden Autism 5K and Fun/Run Walk sponsored by Munich RE to take place Sunday, September 30th in Princeton Forrestal Village. Proceeds from this event will support Eden programs.

This is Lydia Paglinawan's 14th time participating in Eden Autism's annual 5K and Fun Run/Walk. Along with her son Ralph, a participant in Eden's day program, she will join over a 1,000 other runners, walkers, sponsors and fundraisers who make the annual event a success. Lydia supports the 5K every year for one reason, "My son Ralph has made such incredible strides that were deemed impossible until he joined Eden over 10 years ago." Lydia has created her own team, **Ralph's Team** in which she encourages family and friends to join or donate to. "I have been an avid supporter of the Eden 5K fundraiser since day one. It is an event that highlights autism awareness while promoting health and wellness." Lydia is just one of the many supporters all with different stories and connections to Eden that keep them coming back each year.

Who: Michael Decker, Eden Autism Services, President & CEO
Over 1,000 supporters of Eden

What: **15th Annual Eden Autism 5K and Fun/Run Walk**

Where: Eden Autism – 2 Merwick Road, Princeton, NJ
off of Route 1 South

When: **Sunday, September 30, 2018**

- **5K Race:** 7:30-8:15 AM – Registration
8:30 AM – Start
- **Fun Run:** 7:30-9:15 AM – Registration
9:30 AM – Start

Why: Provides runners, walkers, families, sponsors and others the opportunity to support Eden's mission and enjoy the camaraderie and friendly competition of a 5K race

About Eden Autism

A nationally recognized leader in improving the lives of individuals with autism spectrum disorder, Eden was among the first providers to address the need for services across the lifespan. 2015 marked our 40th year of excellence in a range of services for individuals, families, educators and other professionals.

Eden improves the lives of people with autism: ***one individual at a time, one family at a time, one community at a time.***

- **The Eden School** provides a 12-month education program for ages 3 to 21 tailored to the specific abilities and requirements of each student. Community integration, recreation, and pre-employment are hallmarks of the highly regarded program.
- **Eden Adult Services** provides essential support to individuals as they age out of school yet require continued support. Services include employment training and placement, residential programs, and community integration and recreation.
- **Eden Outreach** provides evaluation and diagnostic services, early intervention therapy, professional development, curriculum, and consultative services.

Visit www.edenautism.org or call [609.987.0099](tel:609.987.0099).

About Autism

Autism is a complex, lifelong developmental disability that impacts the development of the brain in the areas of social interaction and communication skills. The result of a neurological disorder affecting the functioning of the brain, autism typically appears during a child's first three years.

Autism Facts

- One in 59 children nationally have been diagnosed with an autism spectrum disorder
- New Jersey has the highest rates with 1 in 34 children being diagnosed
- Autism prevalence figures continue to grow at an alarming rate
- More children will be diagnosed with autism this year than with AIDS, diabetes & cancer combined
- Autism is the fastest-growing serious developmental disability in the U.S.
- Autism receives less than 5% of the research funding of many less prevalent childhood diseases
- Boys are five times more likely than girls to have autism
- Autism can be treated but there is no medical detection or cure

For more information visit our race website at: edenautism5k.org

Contact:

JENNIFER DACUNHA

Project and Events Manager

Office [609.987.0099](tel:609.987.0099) x3512

Cell [609.455.9048](tel:609.455.9048)

jennifer.dacunha@edenautism.org



Eden Autism
2 Merwick Road
Princeton, NJ 08540

www.edenautism.org



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